

CLINIC FEATURES

- Players will be taught the basic fundamentals.
- Players will learn concepts of team play with individual skill development.

Please bring:

- Plenty of water/Gatorade
- sunscreen
- lunch in a cooler
- snacks

Please wear:

- Athletic apparel (dress according to the weather)
- Cleats

**Please make checks payable to:
Town of Stoneham**

**Submit Registration, medical records
& payment to:
Stoneham Recreation
35 Central Street
Stoneham, MA 02180**

Program Specifics/Questions:

Coach David Pignone (C) 781-608-6148
Coach Chris Yancey (H) 781-438-5432
Christine - Recreation Office 781-279-2630



Game Plan

Location: Recreation Park

8:00 a.m. – Morning stretch & greeting

8:15 – 8:35 a.m. Station 1

8:35 – 9:25 a.m. Station 2

9:35 – 10:05 a.m. Station 3

**10:15 – 11:15 a.m. Position Skill
Defense**

11:15 – 12:00 p.m. - Lunch

**12:00 – 1:00 p.m. position skill
Offense**

**1:00 p.m. – 3:00 p.m. Flag football
Tournament**

**Cost: \$150.00 per child
\$125.00 2nd child
\$300.00 family cap**

*Stoneham Recreation
Presents:*

**The
Athletic Edge**



Football Clinic

Speed
Agilities
Conditioning
Position Skills

***July 14 – 18, 2008
Ages 7 – 12***

***July 21 – 25, 2008
Ages 12 & up
8:00 a.m. to 3:00 p.m.***

Program Overview: Give your child the Athletic Edge. Your child will be given the tools to polish his/her athletic ability by learning how to train specifically for speed, agility and conditioning. Each participant will be asked to choose an offensive and defensive position (can change daily) and receive instruction and skill development each day from qualified coaches in the area. All work and no play makes for a dull day, so each afternoon the participants will enjoy putting their skills on display in a small team play football tournament. Don't miss this great opportunity to give your child that all so important Athletic Edge.

Coaches Biography:

David Pignone – Stoneham resident and graduate from Stoneham High School in 1987. David continued his education at Central Connecticut State University and was a four year starter on the Blue Devil football team. His senior year he was named to the all New England team & he broke 2 school records for most catches in 1 game & most catches in 1 year. After graduation he became assistant coach to the Blue Devils for 6 full seasons. In 1999 David accepted a Physical Education teaching position at Melrose Middle School & became the assistant coach for the Melrose Red Raiders when they became the Co-Middlesex League Champion in 1999-2000. Back in August of 2007 David was hired by the Stoneham School Department as Director of Health, Physical Education and Athletics. David is also currently involved in Stoneham Pop Warner. He brought the A team to the Division 2 Middlesex League Championship.

Chris Yancey – attended Jamaica Plain High School from 1984-1988. He is a 3 year letterman, 1988 Herald All-Scholastic & a recipient of the Macdonald's player of the week. Chris played in the New England Football League from 1995-2004. He was a 3 time league champion, 2 times Defensive MVP and 7 times All-Star. Chris has been involved with Stoneham Pop Warner since 2000 and is currently the Football Director and Head Coach of the B team. Chris has been the Arlington Catholic High School Varsity Assistant Coach since 2005.

The Athletic Edge Football Clinic Registration Form:

Childs Name: _____ Age: ____ Grade: ____ Gender: ____

Address: _____ Telephone (H) _____

Cell # _____ Work # _____ Parent name(s): _____

Emergency contact & telephone # _____

Medical Information: (Diabetic, asthma, allergies, etc.): **Please provide a record of child's most recent physical & immunization dated within the past two years. Your child will not be able to participate without medical records and payment.**

Please list football experience: _____

I, certify that my child is in excellent physical health, and may participate in strenuous & physical activity, including football to be played at the football clinic. I certify that there are no physical limits to my child's participation. Permission is granted for my child to receive emergency medical treatment if needed. I hereby release and discharge Stoneham Recreation, coaches and agents from any and all claims, demands and causes for personal injury, property damage, and/or loss suffered to my child in connection with his/her participation in the Athletic Edge Football Clinic & its sponsored events.

Parent/Guardian Signature

Date: